# Optimisation of linkage to care for hepatitis B/C infected ethnic minorities in Belgium.

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VHPB meeting March 26-27<sup>th</sup> 2024; Hepatitis Among Europe's Migrant and Refugee Population

#### Belgium population and migration



https://statbel.fgov.be/

#### Barriers in Hepatitis Care for Migrants



*Legido-Quigley BMJ* 2019; 366 doi: <u>https://doi.org/10.1136/bmj.l4160</u>; Mokaya. Wellcome Open Research 2018, 3:29; Kim. Bull World Health Organ 2021;99:280–286

# Linkage to Care of Ethnic minorities

#### Hepatitis Testing and Linkage to Care (HepTLC) project (US-CDC)

- 7 US states, Oct 2012-Sept 2014
- Foreign-born people in health-care centers and community-based organisations
- N=23,144 tested for HBsAg and anti-HBc
- 1,317 HBsAg+ (5.7%)
- Linkage to care: n=606 (46%)
  - Gender: ♂ (49%) > ♀ (41%) (P<0.001)
  - Age: young (50%) > older (20%) (P<0.001)
  - Race/Ethnicity (P=NS)

#### Hepatitis Outreach Network 2012

- Mount Sinai School of Medicine, the NYC Department of Health and Mental Hygiene, and community-based organizations
- N=1,603 screened foreign-born persons
- 76 HBsAg+ (4.7%) → linkage to care: 57%
- 75 HCV RNA+ (4.7%) → linkage to care: 64%
- Strategies are needed to improve linkage to care for foreignborn individuals living with chronic viral hepatitis



#### Hepatitis B in Belgium

- Belgium = low endemic country 2003 HBsAg seroprevalence 0.66% (95% CI 0.51-0.84)
- Cost-effective HBsAg screening in migrants in low endemic countries
- Migrants from Chinese descent in Europe: Highest HBsAg+ (6.2%–8.7%)

Quoilin Eur. J Epidemiol 2007.22(3):195-202 Hahne. BMC Infect Dis. 2013; 13: 181. Suijkerbuijk AWM. PLoS One. 2018 Nov 8;13(11):e0207037 Perumalswami J Hepatol. 2013 May;58(5):890-7. 

 Table 2. Results of the prevalence study performed in 1993

 (serum, hospital-based population) and 2003 (saliva, population-based), in Flanders, Belgium

	1993	2003
Prevalence (%)		
HAV	55,1(95% CI	20,2 (95% CI
	53.5-56.7)	19.43 - 21.08
HBsAg	0,7 (95% CI	0,66 (95% CI
	0.5-1.0)	0.51-0.84)
HCV	0,87 (95%	0,12 (95% CI
	CI 0.5–1.1)	0.09-0.39)



# China on the Scheldt project

Mer du Nord



Ho et al. Annals of Global Health. 2020; 86(1): 81, 1–8.

# China on the Scheldt project-Protocol 1

- Chinese Community Leaders (journalist/priest)/Chinese organisations
- Questionnaire in Chinese to determine optimal location, date and timing of outreach screenings
- 7 screening dates, 4 locations (Churches, Buddhist Temple and Library)
- Complex logistics:
  - 3 desks with doctors + translator (ICF), 1 nursing, 1 administrative support
  - Local centrifugation, transport to hospital
  - Information of results by phone and letter





#### China on the Scheldt project-Protocol 1-Results

- HBsAg: 32/456 (7,0%)
  - 50% (16/32) aware of HBsAg+ status
  - 34% (11/32) linked to care
- Anti-HBc Ab: 244/456 (53,5%)
- Anti-HCV: 0/456 (0%)



# China on the Scheldt project-Protocol 2

- "Community partnership" (opportunistic) screening: collaboration with established community based organizations/governmental structures
  - + Decrease manpower/workload (1 scientific collaborator/nurse)
  - + Sustainable
  - Lower number of participants/session
  - More screening sessions to reach sample size
- Location: Atlas Integration & Citizenship classes (City Council Antwerp)
- Target populations:
  - New migrants following obligatory classes
  - Chinese massage parlours (in collaboration with City Council Antwerp)
- POCT: Biomérieux Vikia HBsAg (fingerprick); OraSure Oraquick HCV (Saliva)











### China on the Scheldt project-Protocol 2-Results-Comparison

- N=115
- 12 sessions
- Information about healthcare organization/viral hepatitis
- HBsAg+ n=7 (6.1%)
  - Linked to care: n=6 (86%)
- Anti-HCV+ n=1
  - Linked to care: n=1



<sup>1</sup>Linked to care = specialist care follow-up with HBsAg, ALT and HBV DNA test results for HBV, and at least 1 abdominal ultrasound



### China on the Scheldt project-Comparison Linkage to Care

	All (n=39)	Not linked to care <sup>1</sup> (n=22)	Linked to care (n=17)	p Value
Age (mean, years) <sup>2</sup>	45.7	46.8	45.1	0.12
Gender (female, %)	21 (53.8)	12 (54.5)	9 (52.9)	0.92
Country of origin (China, %)	38 (97.4)	22 (100)	16 (94.1)	0.25
Residence (Antwerp %)	18 (46 2)	10 (45 5)	8 (47 1)	0.92
Type of screening (CP, %)	7 (17.9)	1 (14.3)	6 (85.7)	0.02
HCC surveillance indication (yes, %) <sup>2</sup>	17 (47.2)	10 (47.6)	7 (46.7)	0.96
Treatment indication (yes, %) <sup>2</sup>	6 (15.4)	3 (13.6)	3 (17.6)	0.73
HBV clinical phase <sup>3</sup>	HBsAg+ve (n=38)			
ALT > ULN (%)	8 (22.2)	4 (19.0)	4 (26.7)	0.59
HBV DNA > 2,000 IU/mL (%)	13 (37.1)	7 (33.3)	6 (42.9)	0.57
HBV DNA > 20,000 IU/mL (%)	7 (20.0)	3 (14.3)	4 (28.6)	0.3

<sup>1</sup> Linked to care = specialist care follow-up with HBsAg, ALT and HBV DNA test results for HBV and HCV RNA for HCV, and at least 1 abdominal ultrasound

<sup>2,3</sup> Data available for 90% and 92% of patients, respectively

#### Characteristics of screened persons not linked to care/linked to care



# China on the Scheldt project-Comparison Turn-around time



 Protocol 1: Community Outreach-Serum 32 days (20–45 days)

 Protocol 2: Community Partnership-POCT

> Results on-site (15-20') feedback + appointment for specialist care



### China on the Scheldt project-Comparison Cost



- Protocol 1: Outreach-Serum
   € 24,819 overall
   € 54.0/person screened
- Protocol 2: Partnership-POCT
- € 2,750 overall € 11.4/person screened



### China on the Scheldt project-Conclusion-Discussion

- HBsAg seroprevalence of 6.8% in Asian migrant population in Belgium similar to reported seroprevalence for Chinese migrants in Europe
- HBV screening with POCT in a community partnership setting resulted in:
  - Lower cost per person screened (76.5% lower)
  - Higher linkage to care (2.5 times higher)
- Difference in cohorts: POCT vs venepuncture not randomised at each screening site
  - Only screening method significantly associated with LTC
  - Opportunistic screening generally lower impact/motivation (Robotin et al 2014)
- Impact of ethnicity?
- Impact of location/setting of screening (citizenship vs massage parlours)?



Perumalswami J Hepatol. 2013 May;58(5):890-7.

Robotin. Community-based hepatitis B screening: What works? *Hepatol Int*. 2014; 8(4): 478–92.

#### Optimisation linkage to care in ethnic minorities



- 1. To estimate HBsAg seropositivity in different ethnic minorities by opportunistic screening
- 2. To examine whether the observed improved linkage to care using POCT is influenced by ethnicity using outreach POCT screening among different ethnic groups





Ho et al. Journal of Virus Eradication 2024 in press.

#### Ho et al. Journal of Virus Eradication 2024 in press.

#### Protocol Multi-Ethnic Opportunistic screenings

- Opportunistic =
  - "When a healthcare provider takes the opportunity to offer a test to a patient who is presenting with another indication or healthcare need (ECDC)"
- Integration classes in Atlas School (Antwerp)
  - 11/2017 09/2022 → 69 screenings
- Ethnicities: Sub-Saharan, Asian and Middle Eastern migrants
- POCT
  - HBsAg (Vikia)
  - Finger prick
- FU  $\rightarrow$  dedicated nurse
  - Phone, Whatsapp, home visits
- Number needed to screen
  - ~ seroprevalence in country of origin + # migrants arriving/living in Belgium
- LTC
  - Medical care hepatologist + lab test + abdominal ultrasound







#### Multi-Ethnic Opportunistic screenings-Results

• N=677

(Asian n=118; SAM n=176, Middle East n=383)

- HBsAg+ n= 23/677 (3.4%) (95% CI 2.2-5.1)
- Linked to care: n=23 (100%)
  - Regular phone calls/whatsapp/home visits
- No impact of Covid crisis on LTC
  - Increase in time interval
  - Number of screenings
    - Pre Covid  $\rightarrow$  n = 53
    - During Covid  $\rightarrow$  n = 16





#### Multi-Ethnic Opportunistic screenings-Results

		All (n=23)	Africa (n=6)	Middle-East (n=16)	Asia (n=1)	
Demographics						
Age (mean, years)		28.6	31.3	27.4	31	
Gender (female, %)		5 (21.7)	0 (0)	5 (31.3)	0 (0)	
			Somalia: 3 (50%),	Afghanistan: 16		
Country of birth			Eritrea: 3 (50%)	(100%)	China: 1 (100%)	
Lab parameters + fi	ibroscan					
ALT > 40(%)		9 (39.1)	3 (50)	6 (37.5)	0 (0)	
HBV DNA > 2000 IU	/mL					
(%)		12 (52.2)	4 (66.7)	8 (50)	0 (0)	
HBV DNA > 20 000	IU/mL					
(%)		4 (17.4)	1 (16.7)	3 (18.8)	0 (0)	
HBeAg+ (%)		2 (8.7)	0 (0)	2 (12.5)	0 (0)	
HDV IgG+ (yes, %)		4 (17.4)	0 (0)	4 (25)	0 (0)	
Fibroscan > 7kPa		3 (13.6)	1 (16.7)	2 (13.3)	0 (0)	
Thoroscall > 7KPa		1 UNK		1 UNK		
Criteria						
Linkage to care (yes	i, %)	23 (100)	6 (100)	16 (100)	1 (100)	
HCC surveillance (ye	es, %)	6 (26.1)	6 (100)	0 (0)	0 (0)	
<b>T</b>		22 (100)	6 (100)	15 (100)	1 (100)	
Transmission risk (y	es, %)			1 UNK		
Treatment indicatio	n	7 (31.8)	2 (33.3)	5 (33.3)	0 (0)	
(yes, %)		1 UNK		1 UNK		
Awareness HBV infe	ection	8 (38.1)	2 (33.3)	6 (40)		
(yes, %)		2 UNK		1 UNK	1 UNK	



### Multi-Ethnic Opportunistic screenings-Results

	HBsAg+	%	HBsAg-	%	Total	%	p value
Correctional residence	3/21	14.3	53/565	9.4	56/586	9.6	0.7
IV drug use	0/21	0	5/565	0.9	5/586	0.9	1.0
Tattoos/piercings	4/21	19.1	175/565	31.0	179/586	30.6	0.3
Extramarital unprotected sex	5/21	23.8	94/565	16.6	99/586	16.9	0.6
MSM	0/21	0	9/553	1.6	9/574	1.6	1.0
Previous hospitalization	5/21	23.8	180/565	31.9	185/586	31.6	0.5
Previous dental care	5/21	23.8	208/565	36.8	213/586	36.4	0.3
Previous blood transfusion	0/21	0	41/565	7.3	41/586	7.0	0.4
Healthcare profession	0/21	0	19/565	3.4	19/586	3.2	0.6

#### Risk factors for HBsAg+ (voluntary questionnaires)



#### Multi-Ethnic Opportunistic Screening-Conclusion-Discussion

- Screening campaigns in opportunistic settings with POCT and follow-up by a dedicated nurse/collaborator can overcome barriers of linkage to care (despite Covid crisis)
- In a cohort of diverse ethnicity (African, Asian, Middle Eastern) HBsAg seropositivity (3.4%) is higher than the general Flemish population (0.66%)
- Targeted opportunistic screening of ethnic minorities for HBV in Belgium is warranted using POCT with the support of a dedicated nurse/collaborator



#### Acknowledgements

- Viral Hepatitis Research Group-Antwerp University
  - Axelle, Erwin, Bo, Liesbeth
  - Tom Adomati, Nicolaas Van Renne, Arno Furquim, Marie Coessens, Tatjana Locus

#### VAXINFECTIO, Antwerp University

- Pierre Van Damme
- National Institute for Public Health and the Environment, The Netherlands
  - Irene Veldhuijzen
- Community Leaders/Organizations
- City Council Antwerp/Atlas School
- Viral Hepatitis Prevention Board
- Stichting tegen Kanker
- FWO-Vlaanderen

Universiteit Antwerpen





Viral Hepatitis Prevention Board



Stichting tegen Kanker



Research Foundation Flanders Opening new horizons

